

Lala Trupes

Height: 5'8"

Weight: 125

Hair Color: Reddish-Blonde

Eye Color: Blue

Film

Office Rules	Lead	Frank Carey
Dances with Dreams	Lead	Rashid Mumin
The Ideals of You	Lead	Asher Sheldon
The Breakup	Lead	Johnny Allen
The Morrigan	Supporting	Frank Carey

TV

Hot Date	Co-Star	Pop TV
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Training

BFA Acting Columbia College Chicago: Jonathan Berry, Sheldon Patinkin, Wendi Weber

Doug Warhit: Private Coaching and On-Camera Classes (ongoing)

Anthony Meindl's Actor Workshop: Lindsay Frame, Anthony Meindl

James Calleri: On-Camera Exercise Class

Second City Training Center: Improv A-C, On Camera Workshop and TV Audition Workout

Special Skills:

Piano, Guitar, Vocal Training, and Songwriting Basic Jazz, Tap, and Ballet

